

LYME DISEASE

- Caused by bacteria obtained from tick bites
 - Bacteria maintained in small rodents
- Symptoms
 - Red, slowly expanding "bull's-eye" rash, accompanied by general tiredness, fever, headache, stiff neck, muscle aches, and joint pain
 - More severe symptoms possible
- Countermeasures
 - Use the DOD Insect Repellent System
 - Sleep under a permethrin-treated bed net
 - Regular examination of clothing and skin for ticks; promptly remove attached ticks



Prevent tick bites